

SCIENTIFIC PROGRAMME: SINGAPORE CARDIAC SOCIETY 37TH ANNUAL SCIENTIFIC MEETING

From Prevention To Precision - The Future Of Cardiovascular Medicine

FRIDAY, 17 APRIL 2026

1800-1900	GRAND BALLROOM FOYER, LEVEL 4 REGISTRATION AND DINNER
1900-1945	GRAND BALLROOM 2 (LEVEL 4) PRE-CONGRESS DINNER SYMPOSIUM: <i>Sponsored by: Amgen Biotechnology Singapore Pte Ltd</i> Jeopardy Round 1
1945-2030	The Benefit of Starting Earlier: Navigating Current Challenges in Lowering LDL-c and Optimizing Outcomes for ASCVD Opening Remarks Dr Yeo Tee Joo The Benefit of Starting Earlier: Why Early and Lowest is Better for LDL-c Prof Mamas A. Mamas Integrating PCSK9i to Optimize CV Outcomes: Case-based Learning on Use of PCSK9i in ASCVD Dr Natalie Koh Panel Discussion and Q&A Closing
2030-2115	Jeopardy Round 2

SATURDAY, 18 APRIL 2026

0700	GRAND BALLROOM FOYER, LEVEL 4 REGISTRATION				
0800-1000	GRAND BALLROOM (LEVEL 4)	CANARY (LEVEL 4)	ORIOLE (LEVEL 4)	KINGFISHER (LEVEL 4)	BLUEBIRD (LEVEL 4)
		Free Paper Session 1	Free Paper Session 2	Free Paper Session 3	Free Paper Session 4
1000-1030	TEA BREAK AND VISIT EXHIBITS				
1030-1115	The Great Echo Debates <i>Collaboration with Chapter of Echocardiography</i> Opening by Chairperson Dr Tong Khim Leng Moderators: Dr Evelyn Lee Min Dr Tong Khim Leng Moderate Aortic Stenosis: Time to Intervene NOW Dr Low Ting Ting (<i>Protagonist</i>) Dr M. Rizwan Amanullah (<i>Antagonist</i>) POCUS - Time to Ditch the Stethoscope? Dr Chia Yew Woon (<i>Protagonist</i>) Dr Chee Tek Siong (<i>Antagonist</i>) Closing	Driving Prevention Together: Nursing and Allied Health in Cardiovascular Practice Opening by Chairperson Ms Ellene Lim Panelists: Mr Daniel Fletcher Benjamin Mr Vincent Aditya Tamin Mr Balachandran J Ms Sharon Teoh Soh Suan Keynote Address From Acute Care to Prevention: Nursing Perspective in Preventive Cardiology Dr Jocelyn Chew Han-Shi	Presentation by Finalists for YIA Competition Judges: Dr Colin Yeo Dr Chris Kramer Dr Alan Fong	Individualisation of Antiplatelet Therapy in ACS & CCS Patients - Sensemaking in 2026 Opening by Chairperson Dr Ho Hee Hwa Panelists: Ms Saw Yashi Assoc. Prof. Jack Tan Review of Evidence That Supports Ticagrelor/Prasugrel Is Preferred Over Clopidogrel in Post ACS DAPT Dr Mark Chan Dr Sia Ching Hui Dr Loh Guek Leng	Free Paper Session 5

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1115-1200	2026 Updates in Cardiology: What Should Change Your Practice Tomorrow? Opening by Chairperson Dr Fahmi Jafary Panelists: Prof Mamas A. Mamas Dr Bernard Kwok Dr Muhammad Fadil Updates on Interventional Cardiology Dr Jonathan Yap Updates on Lipidology Dr Loh Wann Jia Updates on Heart Failure Dr Lin Weiqin Discussion Closing	Plenary Session Driving Changes Together: Nursing and Allied Health in Cardiovascular Practice Mr Daniel Fletcher Benjamin Mr Vincent Aditya Tamin Mr Balachandran J Ms Sharon Teoh Soh Suan Discussion Closing	Presentation by Finalists for YIA Competition Judges: Dr Colin Yeo Dr Chris Kramer Dr Alan Fong	Review of Evidence for and Against Genotype-Guided Choice of Antiplatelet Therapy Dr Doreen Tan Dr Syed Saqib Imran Review of Choice of Antiplatelet Monotherapy in ASCVD/CCS Dr Veronica Teo Dr Gilbert Tan Discussion	Free Paper Session 5
1200-1230	VISIT EXHIBITS				
1230-1250	GRAND BALLROOM (LEVEL 4) OPENING CEREMONY Arrival of Guest of Honour Welcome Speech by Chairman, Organising Committee Dr Sim Hui Wen Address by President, Singapore Cardiac Society Dr Colin Yeo Speech by Guest of Honour, President, College of Family Physicians Singapore Dr Wong Tien Hua				
1250-1350	LUNCH SYMPOSIUM <i>Sponsored by: Bristol Myers Squibb Singapore</i> Obstructive Hypertrophic Cardiomyopathy: Real Cases, Real Decisions Moderated Case-Based Expert Discussion Opening and Audience Pulse Check by Talk Show Moderator Dr Khoo Chun Yuan The Diagnostic Dilemma Dr Tang Hak Chiaw, Dr Lin Weiqin & Dr Khoo Chun Yuan Treatment Escalation Crossroad Dr Tang Hak Chiaw, Dr Lin Weiqin & Dr Khoo Chun Yuan What Does Treatment Success Look Like for My Patient? Dr Tang Hak Chiaw, Dr Lin Weiqin & Dr Khoo Chun Yuan Q&A				

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1350-1450	ATTR-CM: Earlier Recognition and A New Era of Treatment Advances in disease modifying therapy for transthyretin amyloid cardiomyopathy <i>Sponsored by: Medison Pharma Singapore Pte Ltd</i> Introduction by Chairperson Dr Tang Hak Chiaw ATTR Amyloidosis in Singapore: Emerging Recognition and the Changing Patient Landscape Dr Khoo Chun Yuan Transforming ATTR-CM Management: Clinical Evidence and Real-World Experience with Gene Silencing Therapy Dr Richard Wright Panel Discussion and Concluding Remarks by Chairperson	
1450-1530	TEA BREAK AND VISIT EXHIBITS	
1530-1615	GRAND BALLROOM 1 (LEVEL 4)	GRAND BALLROOM 2 (LEVEL 4)
	Reframing Cardiovascular Risk: Upstream Metabolic Drivers Across the Cardio-Kidney-Hepatic Continuum <i>Sponsored by: Novo Nordisk Pharma (Singapore) Pte Ltd</i> Opening by Chairperson Prof Carolyn Lam Reframing Cardiovascular Risk: Upstream Metabolic Drivers Across the Cardio-Kidney-Hepatic Continuum Dr Peter Van der Meer	The SAPT Crossroads: Aspirin and Clopidogrel in East Asian Patients <i>Sponsored by: Sanofi Aventis Singapore Pte Ltd</i> Opening by Chairperson Dr Chin Chee Tang The SAPT Crossroads: Aspirin and Clopidogrel in East Asian Patients Dr William Kristanto
1615-1700	Small Particle, Big Impact: Lp(a)-Associated CV Risk - Manage It by Measuring It <i>Sponsored by: Novartis (Singapore) Pte Ltd</i> Opening by Chairperson Dr Tan Ru San Panelists: Dr Loh Wann Jia & Dr Tan Ru San Small Particle, Big Impact: Lp(a)-Associated CV Risk - Manage It by Measuring It Prof Florian Kronenberg Q&A and Closing Remarks	
	Advancing Pulmonary Hypertension Care: From Fundamentals to New Frontiers <i>Sponsored by: MSD Pharma (Singapore) Pte Ltd</i> Pulmonary Arterial Hypertension: Overview and Emerging Evidence Dr Sandeep Sahay PAH in Practice: Real Cases and Treatment Decisions Dr Sandeep Sahay & Dr James Yip Q&A	
1700-1730	GRAND BALLROOM FOYER, LEVEL 4 REGISTRATION	
1730-1830	GRAND BALLROOM 1 (LEVEL 4)	
	DINNER SYMPOSIUM <i>Sponsored by: GlaxoSmithKline Pte Ltd</i> Silent Triggers, Serious Consequences: Cardiovascular Risks of Shingles and RSV in Older Adults Opening by Chairperson Assoc. Prof. Jack Tan Silent Triggers: The Cardiovascular Impact of Shingles and RSV in Older Adults Dr William Kristanto Optimizing Adult Immunisation in High-Risk Populations Dr Lim Hui Fang Panel Discussion & Closing	

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1830-1850	Presentation of Singapore Cardiac Society Lifetime Achievement Award 2026 Citation: Dr Kenny Sin Recipient: Dr Chua Yeow Leng
1850-1935	37th SINGAPORE CARDIAC SOCIETY LECTURE 2026 Intersections in Data, Data Science and Cardiology: SingCLOUD and SingHEART Citation: Dr Jonathan Yap Recipient: Dr Yeo Khung Keong
1935-2100	DINNER

SUNDAY, 19 APRIL 2026

0800	GRAND BALLROOM FOYER, LEVEL 4 REGISTRATION AND VISIT EXHIBITS	
0900-0945	GRAND BALLROOM 1 (LEVEL 4)	GRAND BALLROOM 2 (LEVEL 4)
	Electrifying Cardiology: What's Changing in Rhythm Care? <i>Collaboration with Heart Rhythm Association of Singapore</i> Opening by Chairperson Dr Seow Swee Chong Panelists: Dr Yeo Wee Tiong Dr Ching Chi Keong Dr Chia Pow Li What's New With Cardiac Devices Dr Alfred Yip What's New With Arrhythmia Therapy Dr Kenny Tan What's New With Wearables Dr Chua Yi Yi Discussion Closing	From Calcium to CCTA: Redefining CAD Assessment <i>Collaboration with ACC Singapore Chapter</i> Opening by Chairperson Dr Poh Kian Keong Panelists: Dr Zhong Liang Dr Anand Adinath Ambhore Dr Lynette Teo Computed Tomography Angiography of Coronary Artery Disease in 2026: Is Anatomy Alone Enough? Dr Chris Kramer Debate: CT Calcium Score Is Sufficient for Primary Prevention Dr Sia Ching Hui vs CT Calcium Score Is Sufficient for Primary Prevention Dr Natalie Koh Discussion Closing
0945-1030	The Other Half of Heart Failure - Understanding and Treating Non-HFrEF Phenotypes <i>Collaboration with Heart Failure Society of Singapore</i> Opening by Chairperson Dr Louis Teo Panelists: Dr Lim Choon Pin Dr Tan Chong Keat Dr Carolyn Lam What Is Heart Failure With Preserved Ejection Fraction (HFpEF)? Getting the Diagnosis Right Dr Chan Po Fun	Heart Health Myths and Truths: What Extends Cardiovascular Lifespan? Opening by Chairperson Dr Lim Toon Wei Panelists: Dr Yeo Tee Joo Dr Jeffery Lau Dr Dhivian Thirunavukkarasu Longevity Medicine: Cardiovascular Fact or Fiction? Dr Huang Weiting

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	Disease-Modifying Therapies for HFpEF – Where Are We in 2026? Dr Hong Rilong Heart Failure With Improved Ejection Fraction (HFimPEF) – We Have Won the Battle! Or Have We? Dr Benita Chiang Discussion Closing	Exercise for Cardiovascular Longevity: How Much, How Hard, What Type? Ms Lok Shei Jia Cardiovascular Diets: Evidence and Controversies Ms Chan Sue Mei Discussion Closing
1030-1100	TEA BREAK	
1100-1145	Hypertension in 2026: Are We Missing the Aldosterone Angle? <i>Sponsored by: AstraZeneca Singapore Pte Ltd</i> Opening by Chairperson Dr David Sim Reimagining Hypertension Control with ASI Prof Markus Schlaich Applying the Aldosterone Lens in Real World: Case Discussion Dr David Sim	Drug Eluting Balloons: Hype or Reality? <i>Sponsored by: Boston Scientific Asia Pacific Pte Ltd Collaboration with Chapter of Interventional Cardiology</i> Opening by Chairperson Dr Jack Tan Panelists: Dr Lim Ing Haan Dr Kua Jieli Dr Christopher Koo Drug Eluting Balloons: Are They the Same? Dr Ho Hee Hwa Technical Considerations on Performing DEB PCI Dr Deborah Lee Expanding Indications of DEB Dr Pinakin Parekh Discussion Closing
1145-1230	LUNCH SYMPOSIUM <i>Sponsored by: DKSH Singapore Pte Ltd</i> Dual Incretin Therapy in the Cardio-Metabolic Continuum: From Obesity to Cardiovascular Benefits Opening by Chairperson Dr Natalie Koh Dual Incretin Therapy in the Cardio-Metabolic Continuum: From Obesity to Cardiovascular Benefits Dr David Sim Case Study discussion & Interactive Polling Q&A	LUNCH SYMPOSIUM <i>Collaboration with Singapore Sleep Society</i> From Sleep Onset to Vascular Aging: Insights into Autonomic and Cognitive Function Opening by Chairperson Dr Michael Lim Panelists: Dr James Yip & Dr June Lo Heart Rate Variability Predicts Attentional Vulnerability to Sleep Deprivation Dr Joshua Gooley Sleep and Vascular Aging: Insights From Multi-Night Wearable Data Dr Gizem Yilmaz Distal Skin Temperature at Sleep Onset Associated With Heart Rate During the Night Interacts With Age Dr Aurore Jouvencel Discussion Closing

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1230-1300	GRAND BALLROOM 1 (LEVEL 4)	GRAND BALLROOM 2 (LEVEL 4)
	Presentation of YIA and Free Paper Prizes/ Closing Ceremony	
END OF MEETING		

FOR SCS MEMBERS ONLY

1315-1530	GALLERIA BALLROOM (LEVEL 3)
	Singapore Cardiac Society Annual General Meeting (For SCS Members Only)